

Informed Consent for In-Person Services during Covid-19 Public Health Crisis

This document contains important information about our decision (yours and mine) to resume in-person services considering the public health crisis. Please read this carefully and let me know if you have any questions. When you sign this document, it will be an agreement between us.

Decision to Meet Face-to-Face

We've agreed to meet in-person for some or all future sessions. If there is a resurgence of the pandemic or if other health concerns arise, however, I may require that we meet via telehealth.

If you have concerns about going back to telehealth, we'll talk about it first and try to address the issue. You understand that, if I believe it is necessary, I may determine that we return to telehealth for everyone's well-being.

If you decide at any time that you would feel safer staying with, or returning to, telehealth services, I will respect that decision, if it is clinically appropriate.

Reimbursement for telehealth services, however, is also determined by the insurance companies and applicable law, so that is an issue we may also need to discuss.

Risks of Opting for In-Person Services

You understand that by coming into the office, you are assuming the risk of exposure to the coronavirus (or other public health risk). This risk may increase if you travel by public transportation, cab, or ridesharing service.

Your Responsibility to Minimize Your Exposure

- You will only keep your in-person appointment if you are symptom free and have not been exposed to the coronavirus
- If you have symptoms of the coronavirus or have been exposed to the virus, you agree to cancel the appointment or proceed using telehealth. If you wish to cancel for this reason, I won't charge you our normal cancellation fee
- Please do not enter the building until 5 minutes before our appointment time
- You will adhere to the safe distancing precautions when possible
- You will take steps between appointments to minimize your exposure
- Masks are to be worn inside the office waiting area

Masks

- I have received both vaccination shots as well as a booster
- If you are vaccinated, we can remove our masks in the therapy office if you are comfortable. We will discuss this for each appointment.

My Commitment to Minimize Exposure

I am committed to keeping everyone safe from the spread of this virus. I will share with you if I have symptoms or have been exposed to the virus. We can follow up with services by telehealth as appropriate.

Informed Consent

This agreement supplements to the general informed consent/business agreement that we agreed to at the start of our work together. Your signature below shows that you agree to these terms and conditions.

Signature of Client: _____ Date _____

Signature of Therapist: _____ Date _____